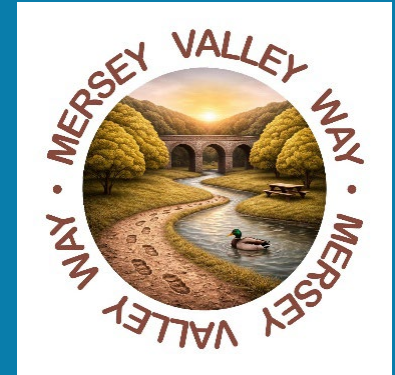


# Mersey Valley Way

England's First  
National River Walk



Funded by  
UK Government



STOCKPORT  
METROPOLITAN BOROUGH COUNCIL



City  
of Trees



The Wildlife Trust for  
**Lancashire  
Manchester &  
North Merseyside**



TRAFFORD  
COUNCIL



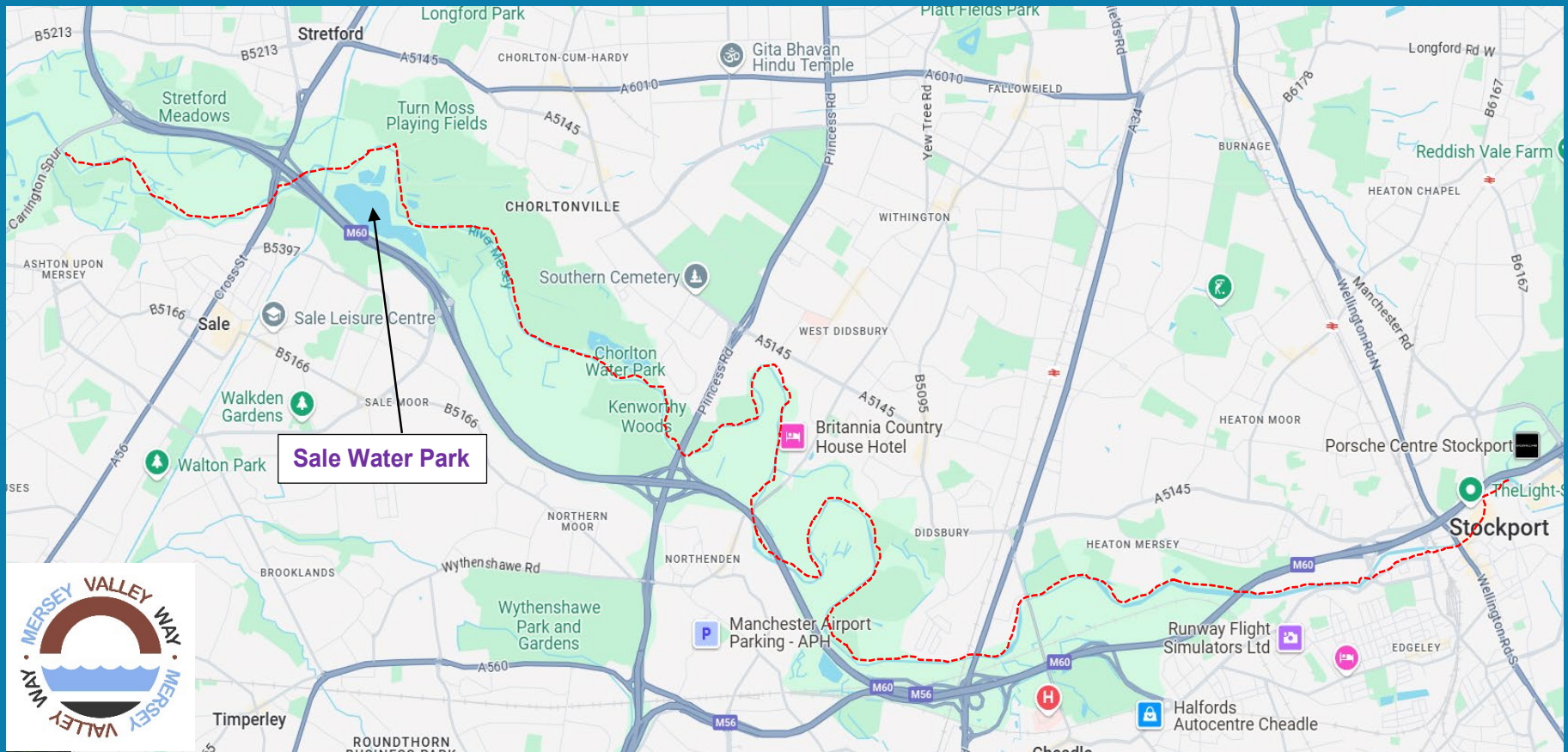
MANCHESTER  
CITY COUNCIL

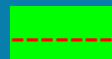


# Mersey Valley Way

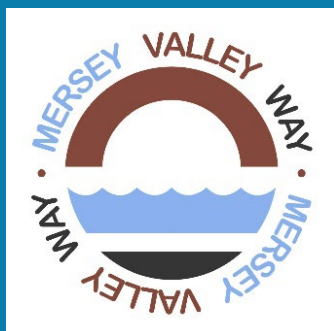
## Walking Route Overview

### Stockport to Ashton-upon-Mersey (21.5 km)

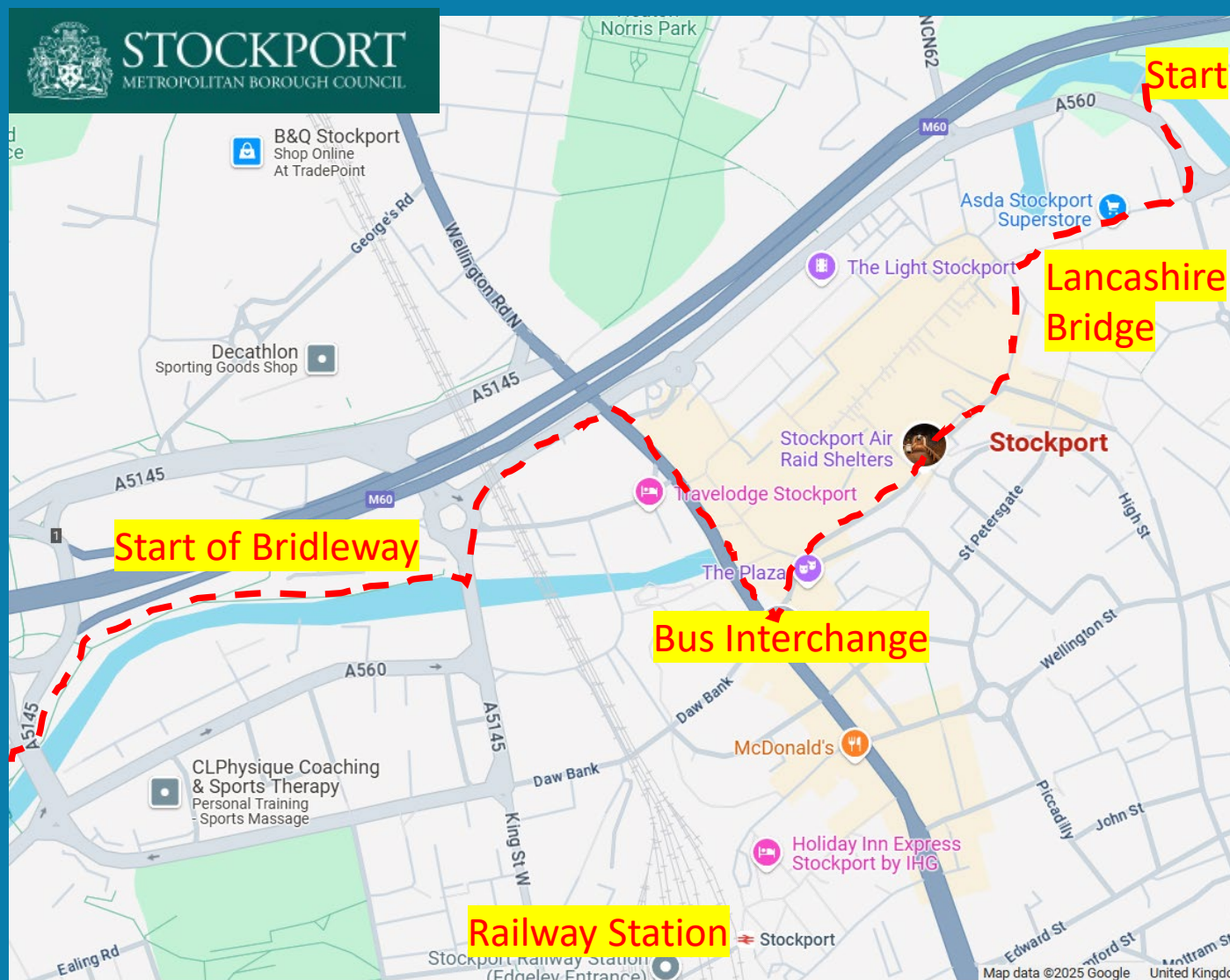


 = walking route

**Section 1:** Start at Stockport Town Centre (start of the River Mersey at Howard Street Bridge). Route heads along Warren Street to Bridge Street, following the Trans-Pennine Trail (West). Follow the pavement route to Stockport Bus Interchange and then cross over the river on Astley Road. Turn left down Heaton Lane to King Street West to join the bridleway by the River Mersey (part of Trans-Pennine Trail and National Cycle Route 62). Continue on the bridleway to the A5145 underbridge.

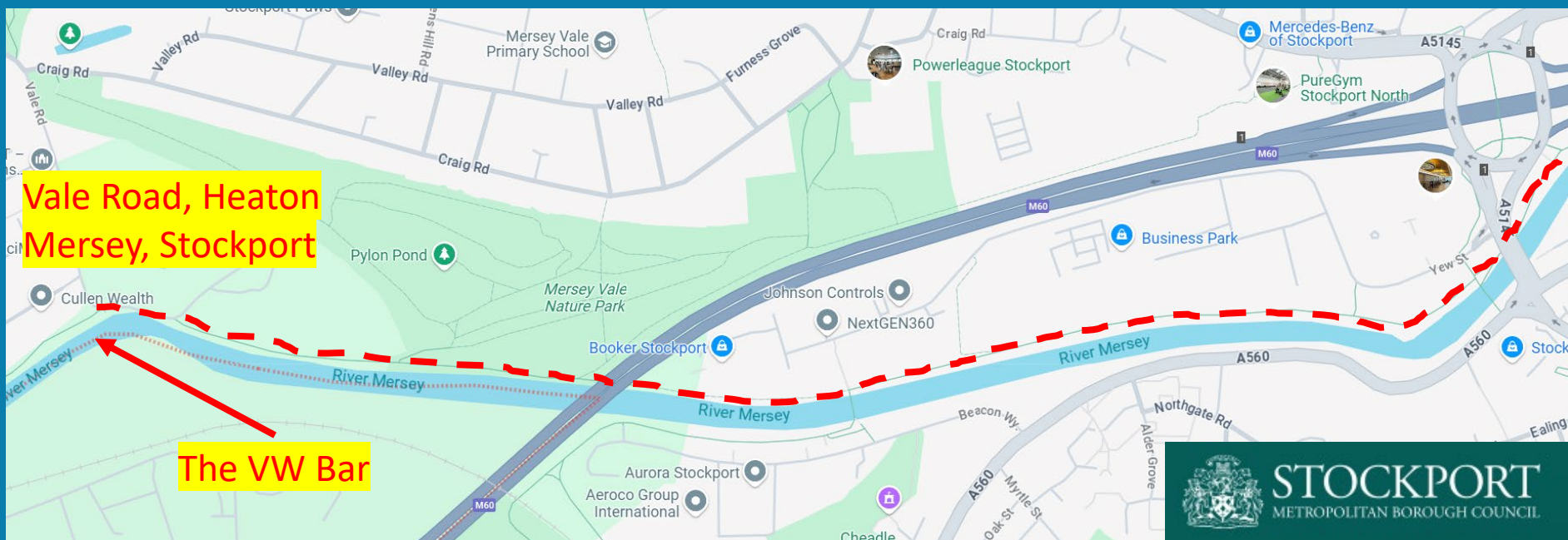


Look out for the Mersey Valley Way signs along the route

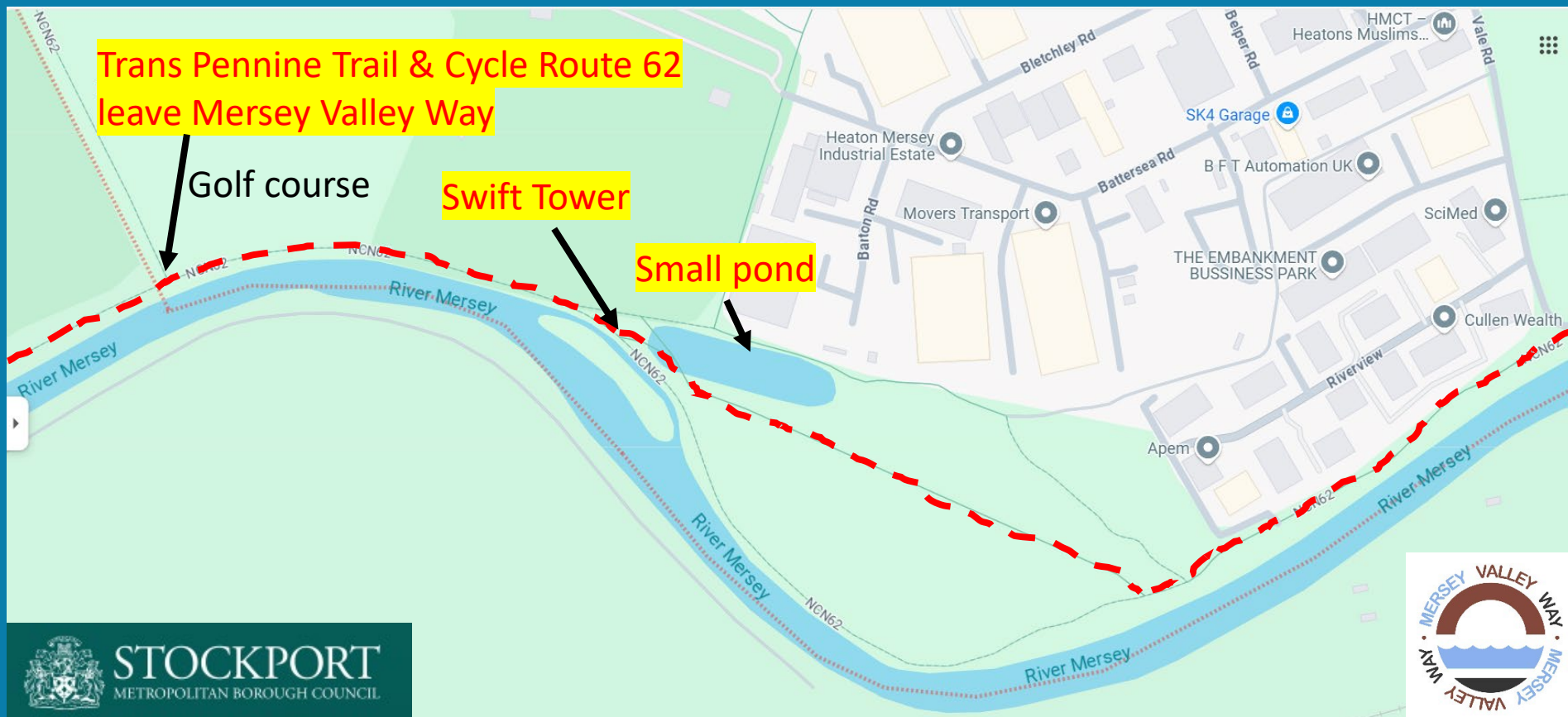


**Section 2:** From A5145 underbridge follow the riverside path all the way to Vale Road, Heaton Mersey. At Vale Road you will come to the community enterprise “The VW Bar” which sells hot and cold drinks and snacks (Thursday to Sunday).

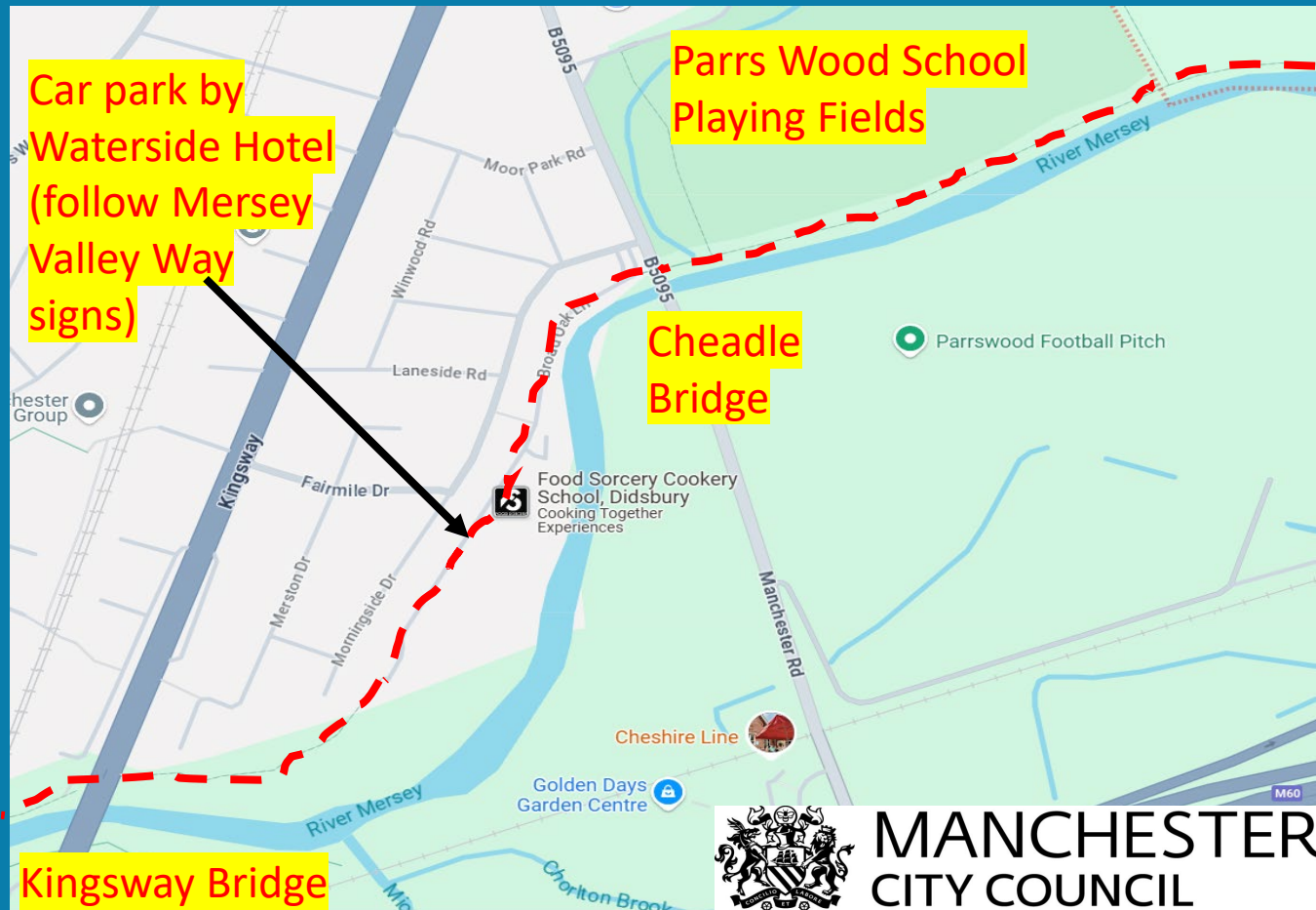
The route follows a high-quality paved bridleway (part of the Trans-Pennine Trail and National Cycle Route 62).



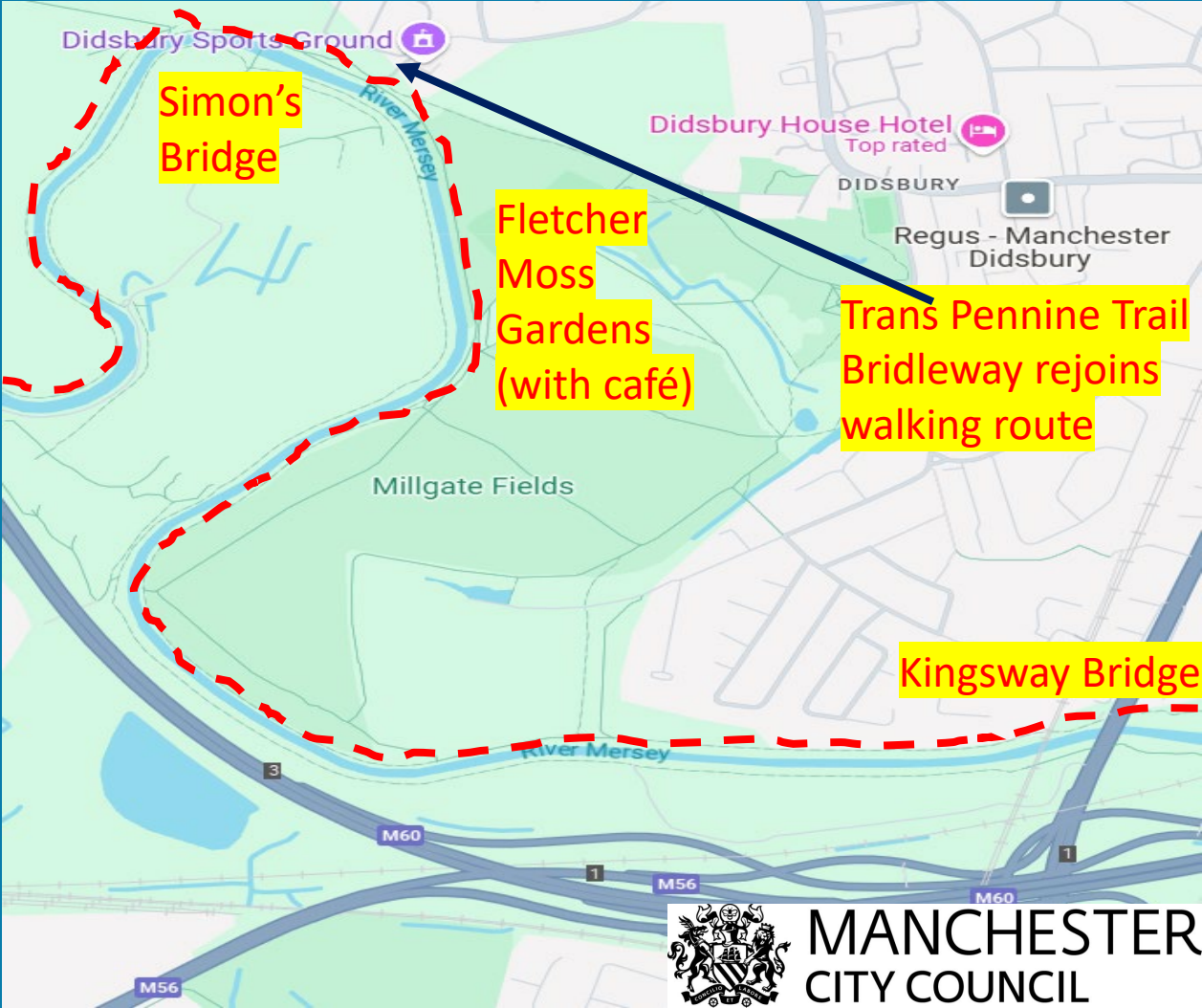
**Section 3:** From Vale Road, Heaton Mersey (Vale Road) follow the riverside path which will then divert away from the river for a short distance, crossing through a wild flower meadow with a series of interpretation boards. Head past the pond and the Swift Tower. Just after Burnage Rugby Club, the bridleway of the Trans-Pennine Trail and National Cycle Route 62 leave the Mersey Valley Way, while the river walk continues to follow the River Mersey along by the golf course and heading toward Parrs Wood School.



**Section 4:** Follow the riverside path along Parrs Wood School playing fields to Cheadle Bridge. Cross over the road at Cheadle Bridge taking care of traffic (there is no pedestrian crossing). Follow the public footpath sign on the other side of the road and walk along the access road to Waterside Hotel and through the car park, following the Mersey Valley Way signs. From the end of the car park, follow the footpath to rejoin the river at Kingsway Road underbridge.

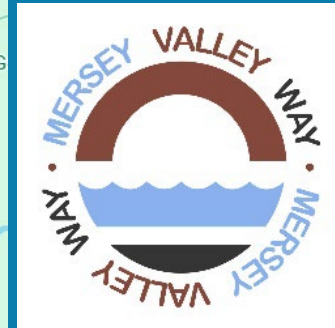


**Section 5:** From Kingsway Bridge, the path follows the River Mersey all the way round towards Didsbury and the riverside access to Fletcher Moss Gardens, with a café available via a short detour into the gardens. From Fletcher Moss Gardens, continue to follow the River Mersey to Simons' Bridge. Do not cross the bridge but continue on the north bank of the river following the bridleway of the Trans Pennine Trail as the river bends southwards.

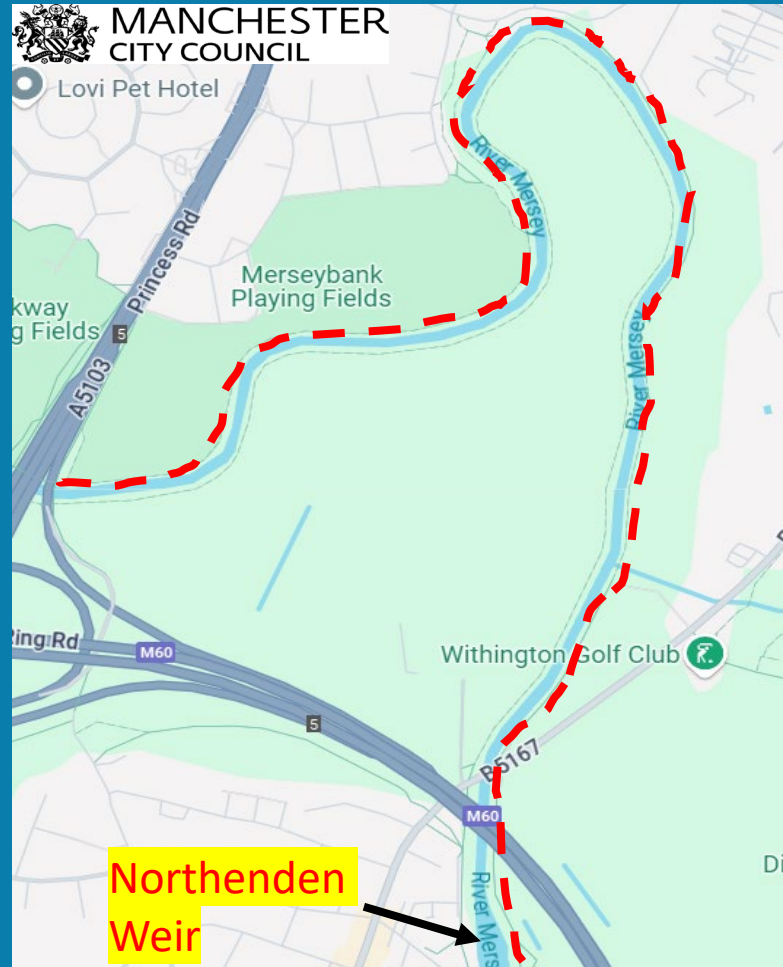


MANCHESTER  
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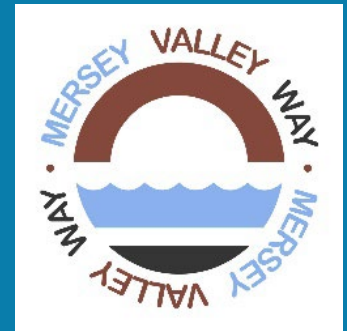
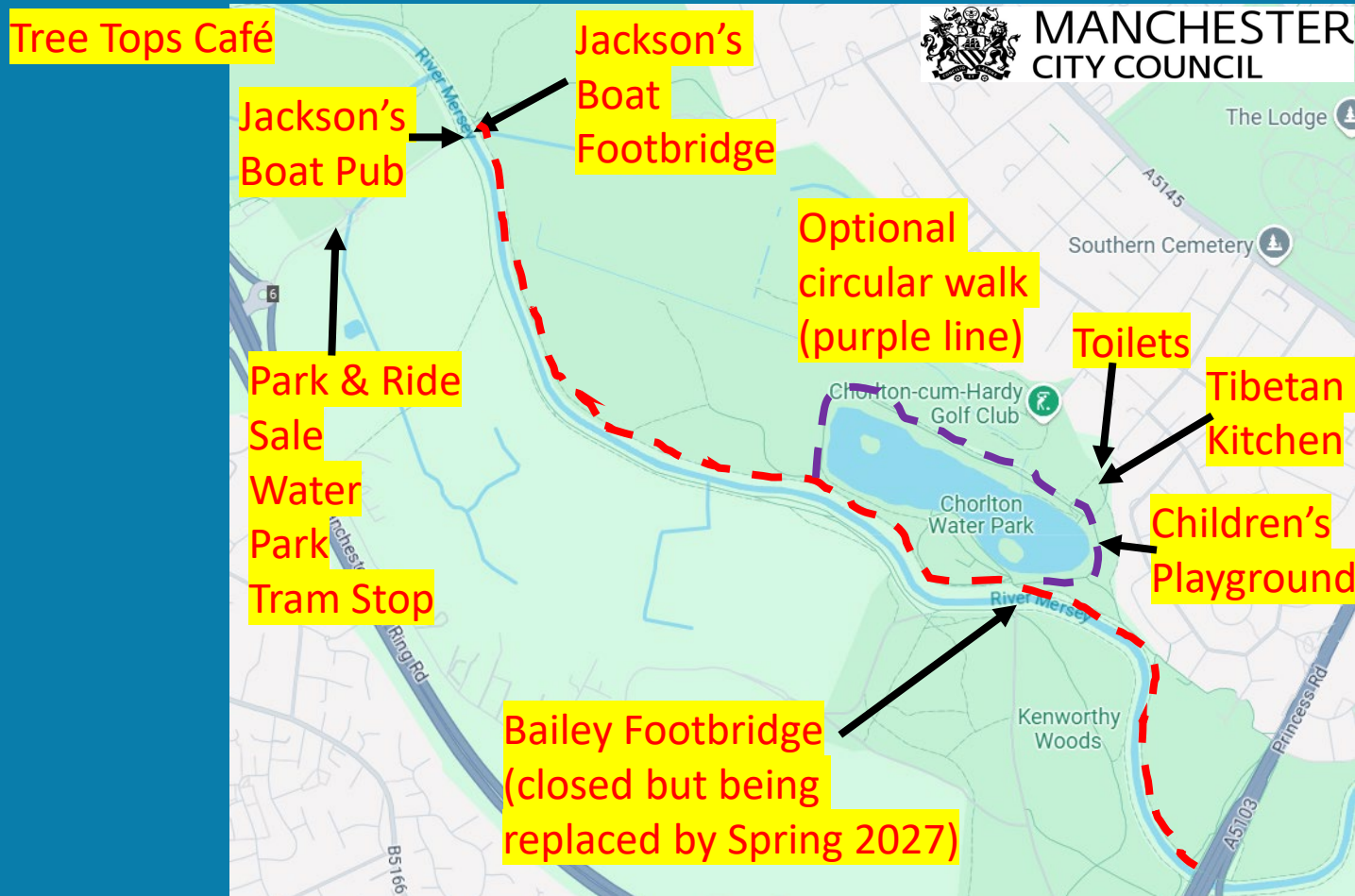
**Section 6:** From Simon's Bridge, follow the river as it bends to the south and then bends north up to Northenden Weir. This whole section of the Mersey Valley Way is coincident with the Trans Pennine Trail. At Northenden Weir, the Common Ground Coffee Shop and Northenden Riverside Park (including children's play park) can be accessed via a short detour over the Mersey footbridge by the Tatton Arms (a disused public house).



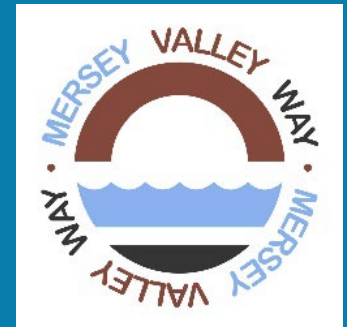
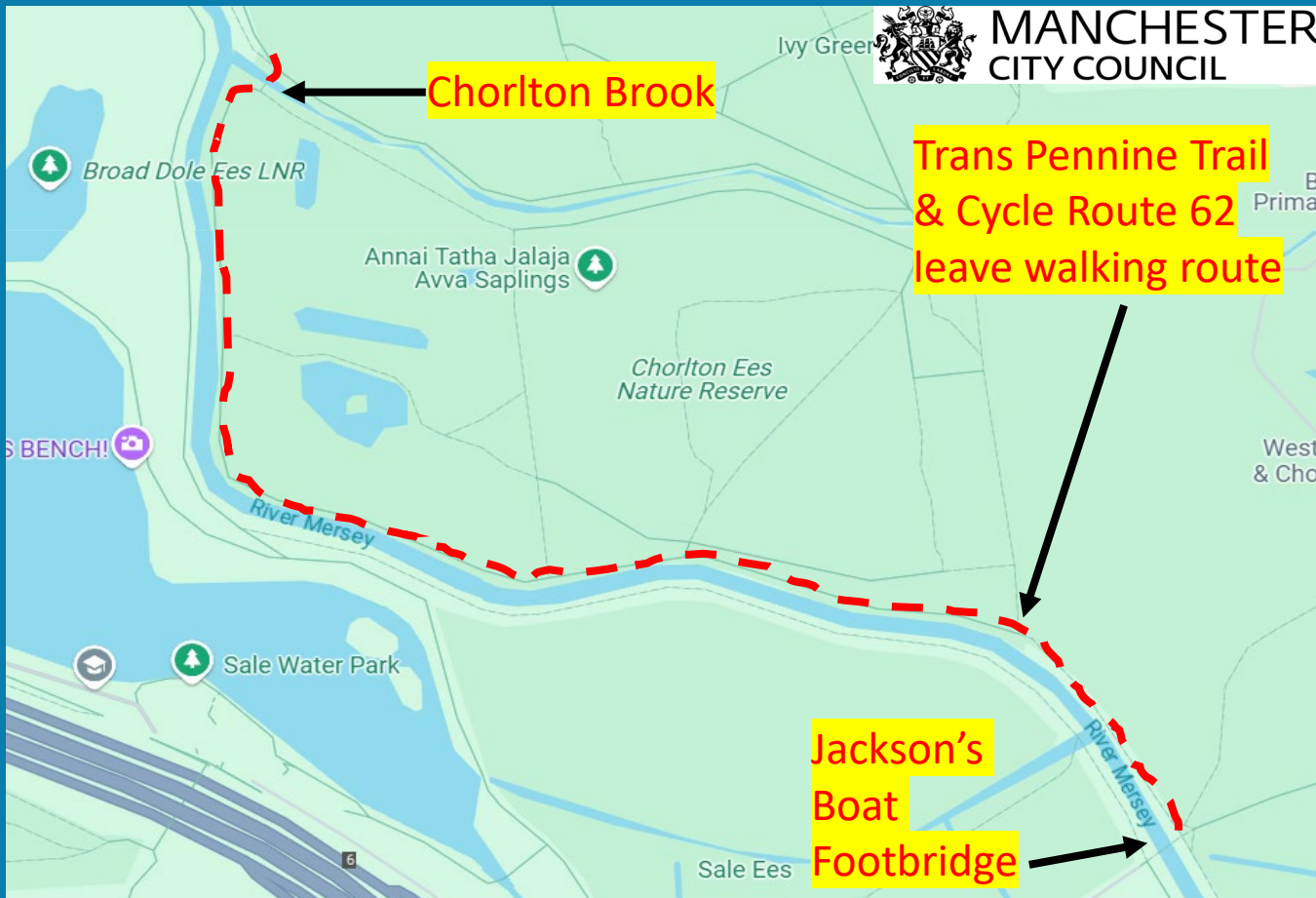
**Section 7:** From Northenden Weir follow the riverside path all the way around a very large bend in the river to Merseybank Playing Fields and then down to Princess Road underbridge (A5103), heading towards Chorlton. The whole of this section of the path is coincident with the Trans Pennine Trail.



**Section 8:** From Princess Road (A5103) underbridge, follow the riverside path towards Chorlton Water Park with Kenworthy Woods on the other side of the river. There is an option circular walk around Chorlton Water Park with a children's playground, Tibetan Kitchen and public toilets. The Mersey Valley Way continues along the river (two paths available) down to Jackson's Boat footbridge. Jackson's Boat Pub, Tree Tops Café and Sale Water Park and the metrolink (tram) stop are all accessible by crossing the Mersey over this footbridge as a detour from the Mersey Valley Way.



**Section 9:** From Jackson's Boat footbridge, stay on the north bank of the River Mersey and follow the footpath along the river. The Trans-Pennine Trail and National Cycle Route 62 divert away from the Mersey Valley Way just after Jackson's Boat Footbridge. Keep following the River Mersey footpath towards Chorlton Ees Nature Reserve to your right and heading towards Chorlton Brook.



Section 10: Cross over Chorlton Brook and follow the riverside path, past Stretford Weir. As the river bends around to the left, the path follows the river towards the Bridgewater Canal Barfoot Bridge canal aqueduct and Metrolink bridge over the Mersey. At this point, the Mersey Valley Way has to head away from the river for about 1.5km to get around the canal, tram line and M60. Follow the Mersey Valley Way signs along the tramline, under the tram and canal bridges and along the Mersey overflow channel towards the A56. Walk under the A56 bridge and turn sharp right up to the A56 Chester Road. Turn right and follow the A56 to cross over the M60 slip roads using pedestrian lights and then along the pavement to Crossford Bridge. At the footpath sign on the A56, turn right off the road to reach the River Mersey footpath.

Walk along public highway under M60 with pedestrian lights to cross M60 slip roads



TRAFFORD  
COUNCIL



Chorlton Brook

**Section 11:** From Crossford Bridge (A56 Chester Road), take the riverside footpath and follow the river all the way to the end of the Mersey Valley Way at the Millenium Footbridge at Ashton-on-Mersey. The path will go past Riverbank Coffee where the Trans-Pennine Trail and National Cycle Route 62 rejoin the Mersey Valley Way. At Millenium Footbridge, the Trans-Pennine Trail and National Cycle Route 62 head over the river towards Altrincham. The footpath from the Millenium Footbridge heads into Urmston (follow the Mersey Valley Way signs) via Cob Kiln Lane. National rail services are available from Urmston Station (1.5km walk) towards Manchester and Warrington.

